



October 9, 2018 CE Edition

This information is to keep you informed of any changes in policies and procedures and of new communication originating from the State Office this month.

Attachments with this issue:

- CACFP14 - 2018 - 60 Day Claim Submission and 90 Day Reporting Requirement Memo
- CACFP14 - 2018 - PDF Guide for above memo



Save the Date

2019 CACFP/SFSP Combined
Conference

February 11-13, 2019
Sheraton Georgetown Hotel



Budget Detail Update Related to Claim Rates

There has been an update to TX-UNPS that occurred on 9/10/2018 to address an issue where in some cases the Anticipated Annual CACFP Reimbursement within



Fiscal Year 2019 Census Data Now Available

At the beginning of the fiscal year, FNS releases a special tabulation of data provided by the United States Census Bureau for CACFP (Child and Adult

Budget Detail would not calculate using the current program year claim rates. With the update now applied, when the Budget Detail is either Modified or Revised, the Anticipated Annual CACFP Reimbursement will automatically update to reflect the current program year claim rates.

As a result of the claim rate re-calculation, the Budget Detail costs will need to be re-evaluated to ensure that program costs as listed on line E1 are not lower than program reimbursement as listed on line E2. Please note that any added costs to the Budget Detail will require TDA review and that further supporting documentation may be requested.

Release Section 7000, Financial Management

Section 7000, *Financial Management*, of the CACFP Handbooks have been revised to:

- Reflect regulatory language from the 7 CFR 226.22,
- Add guidance from USDA Memo 03-2017, Q&A: Purchasing Goods and Services Using Cooperative Agreements, Agents and Third-Party Services,
- Add guidance related to the use of sole source and emergency procurements.

Affected areas are highlighted in the handbooks and detailed in the handbook Revisions section.

Reference the revision numbered ADC 19-01, CCC 19-01, At-risk 19-01 or DCH 19-01 for specific information.

Care Food Program) and SFSP (Summer Food Service Program). This data set can be used to establish area eligibility in both CACFP (day care homes) and SFSP. The FNS mapping tools have been updated to reflect the October 1, 2018 changes.

You can learn more about using census data and access the FNS area eligibility map on [Squaremeals](#), or you can explore the FNS area eligibility map on the USDA website [here](#).

USDA Policy Memo

CACFP14-2018 - 60-Day Claim Submission and 90-Day Reporting Requirements is attached along with the supporting policy memo.

USDA
United States Department of Agriculture
Food and Nutrition Service

Adding Whole Grains to Your Child and Adult Care Food Program Menu

Whole grain-rich foods are an important part of your menu in the Child and Adult Care Food Program (CACFP). Foods that are whole grain-rich are rich with vitamins, minerals, fiber, and other nutrients that help kids and adults stay healthy.

How often do I have to serve whole grains in the CACFP?
Each day, at least one of the grain components of a meal or snack must be "whole grain-rich." Whole grain-rich food items must be offered at least once per day, not once per meal/snack. In the CACFP, whole grain-rich means that at least half the grain ingredients in a food are whole grains, and any remaining grains are enriched grains, bran, or germ. This is required for CACFP child and adult meal patterns only. There is no whole grain-rich requirement for infants.

If you serve meals and snacks to the same group of children or adults during the day:

- ✓ Serve whole grain-rich items for the grain component of one of the meals or snack each day.

If you serve meals and snacks to different groups of children or adults during the same day (for example, morning and afternoon sessions):

- ✓ Serve whole grain-rich items for the grain component in one of the groups of children or adults each day.

If you serve only snacks:

- ✓ You do not have to serve a grain component at snack. But if you do, it must be whole grain-rich.

Can I serve a grain-based dessert if it is whole grain-rich?
If grain-based desserts, such as muffins, quick breads, waffles, and pancakes, are not considered grain-based desserts and count as a creditable grain. These items do not have sugar restrictions. CEs must assure these food items meet the criteria for grain products - enriched or whole grain meal or flour, or bran or germ in order to be creditable.

More training, menu planning, and nutrition education materials for the CACFP can be found at <https://teamnutrition.usda.gov>

Grain Component in the CACFP Meal Pattern

Grain is a required component at breakfast, lunch, and supper meals, and is an optional component at snack. All grain products served in the CACFP must be made with enriched or whole grain meal or flour, or bran or germ in order to be creditable. In recognizing the value of a meat or meat alternate at breakfast and to increase centers and day care homes' choices when menu planning, the CACFP meal patterns allow meat or meat alternates to substitute for the **ENTIRE** grains component at breakfast a maximum of three times per week.

As of October 1, 2017, grain-based desserts no longer count toward the grain component of meals and snacks offered through the Child and Adult Care Food Program (CACFP). This small change helps reduce the amount of added sugars kids eat in child care. Please refer to the USDA worksheet for [Grain-Based Desserts in the](#)

[CACFP](#) and the [2017 Grains Exhibit A from the USDA Food Buying Guide](#).

Food items such as muffins, quick breads, waffles and pancakes are not considered grain-based desserts and count as a creditable grain. These items do not have sugar restrictions. CEs must assure these food items meet the criteria for grain products - enriched or whole grain meal or flour, or bran or germ in order to be creditable.

Each day, at least one of the grain components of a meal or snack must be "whole grain-rich." Whole grain-rich food items must be offered at least once per day, not once per meal/snack. In the CACFP, whole grain-rich means that at least half the grain ingredients in a food are whole grains, and any remaining grains are enriched grains, bran, or germ. This is required for CACFP child and adult meal patterns only. There is no whole grain-rich requirement for infants. Please refer to the USDA worksheet [Adding Whole Grains to Your Child and Adult Care Food Program Menu](#)

Resources



Join the USDA Team Nutrition for monthly training webinars on hot topics related to the CACFP Meal Pattern requirements.

Webinars will be held on the third Thursday of every month in English from 2:00 to 2:30 PM ET and in Spanish from 3:00 to 3:30 PM ET

Training Updates

The following courses for ESC use were updated on SharePoint:

CACFP Updated Adult Day Care Meal Pattern - 1/26
CACFP Planning Nutritious Meals and Snacks for Child Care - 1/26

The following on-line classes were updated on SquareMeals:

CACFP Updated Child Care Meal Pattern - 1/26
CACFP Updated Adult Day Care Meal Pattern - 1/26
Grains in the CACFP - 1/31

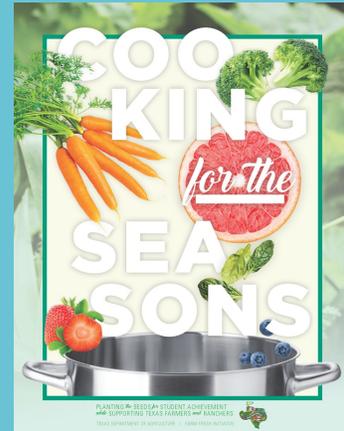
New! Seasonal Cookbook Available for CACFP

Chef created and kid approved recipes in [Cooking for the Seasons](#) will make cooking and eating seasonally in the CACFP easy and delicious. View this [online cookbook](#) to get inspiration for the changing seasons and to serve more Texas foods in meals and snacks.

Stay Connected — Subscribe to TDA's Farm Fresh E-Harvest

This newsletter provides a monthly update on farm to school and includes resources such as funding opportunities, a schedule of upcoming trainings and webinars, and more. Archive issues of the E-Harvest are available [here](#). [Subscribe today!](#)

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